

# How to use Naloxone

## How to identify an opioid overdose:

### Look for these common signs:

- The person won't wake up even if you shake them or say their name
- **Breathing slows** or even stops
- Lips and fingernails turn blue or gray
- Skin gets pale, clammy

## In case of overdose:

### 1 Call 911 and give naloxone

If no reaction in 3 minutes, give second naloxone dose

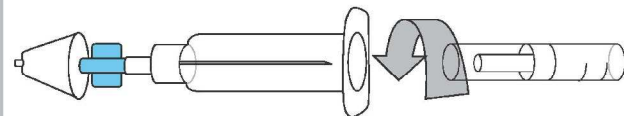
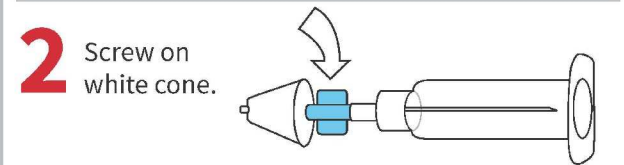
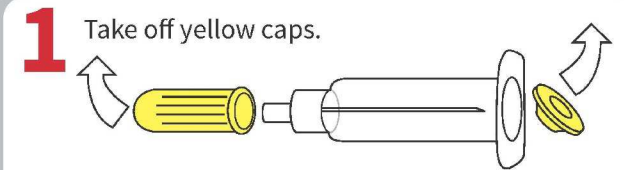
### 2 Do rescue breathing or chest compressions

Follow 911 dispatcher instructions

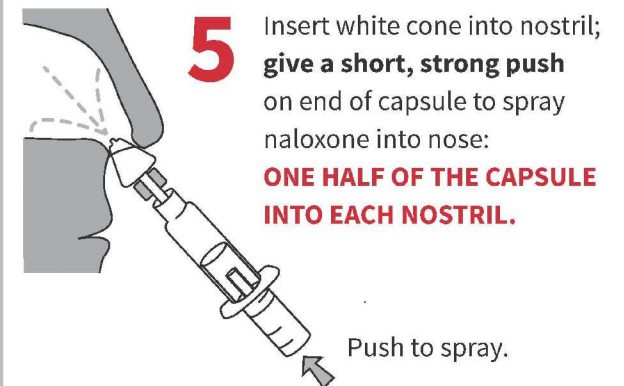
### 3 After naloxone

Stay with person for at least 3 hours or until help arrives

## Nasal spray naloxone



**4** Gently screw capsule of naloxone into barrel of syringe.



**6** If no reaction in 3 minutes, give second dose.



A GUIDE FOR  
PATIENTS AND  
CAREGIVERS

